

COVID-19 update

A thorough risk assessment and COVID-19 response strategy has been conducted and put in place, by considering and adopting these cumulative risk mitigation measures, the overall risk will be reduced. A copy of the risk assessment is available for your perusal if requested directly from Miss Kerry. All members of staff have accessed a COVID-19 prevention course.

Minimising contact, if your dancer has any symptoms of coronavirus or anyone in your household has symptoms or has tested positive you must follow government guidance to self-isolate and your dancer must not attend classes at the academy.

Hand sanitising stations are located throughout the building, all pupils are asked to sanitise their hands when entering and exiting the building and class. The cleaning of the commonly used areas such as all door handles, floors, barres, toilets, gym equipment will be increased.

We will be encouraging a “Catch It, Bin It, Kill It” policy

All studios, waiting areas, toilets, changing rooms and the reception area have all been recently decorated and a deep clean has been undertaken.

There will be slight changes to our class structure for now as dancers are unable to travel along and around the room so all pupils will remain in their designated space. Gymnastic Dance classes will begin with gentle conditioning exercises, tumbling will not be allowed until further notice and Rock and Roll classes will concentrate on learning new foot patterns and rhythms rather than partner work.

No bare feet, please send dancers with clean trainers or dance sneakers for classes where they would normally have bare feet. No outdoor shoes please.

As the classes change over there will be no crossing on the stairs, each teacher will escort their class either up or down the stairs. The importance being that all dancers return to class safely, to enjoy taking classes and as always, but even more so after five months away from class they all have an increase amount of time scheduled for warming up and cooling down to help avoid injury.

To avoid mixing, alternating environments upon arrival at the academy each dancer will be designated a changing area and place within that area, for them to use on that day. Please encourage dancers to arrive changed ready for class and keep personal belongings to a minimal. No dancers will be able to move or change classes without prior notice, this change will come into place from the following month. All new pupils will attend trials for the first week of each new month and not part way through.

To avoid us breaching our maximum capacity levels within the academy it is required that all parent's handover their dancer to a member of our welcoming team at our main Digi-lock door where they will be signed in and shown to their changing area. This system will also be in place for collecting dancers, please can we ask that all parents / guardians wear a face covering when entering and exiting the building. Dancers aged 11 and over are also asked to wear a face covering until they are called through for class.

Time keeping will be of the essence here so please do not drop your child off or collect them more than five minutes before or after their classes have started or finished. On a Wednesday evening where dancers may have a break between classes, they are still welcome to stay at the academy if they

wish.

Dancers aged 2, 3 or 4 may have one attending parent / guardian in the waiting area if required, please make sure you are wearing a face covering and adhering to social distancing wherever possible. To provide you with this opportunity and to help with the logistics of this initially Mini Movers and Dinky Dancers Saturday classes will finish at 9:45am prompt and we thank you for your cooperation. We have a full electronic track and trace system in operation, it is required for you to inform the academy should your dancer be tested positive for COVID-19, if your dancer shows symptoms of coronavirus and has attended classes in the past 48 hours of being symptomatic then you must inform us that they may have the virus. If we have been informed that someone with coronavirus has been in close contact with your dancer, we will inform you immediately.

For the foreseeable future we have withdrawn the tuck shop facility and the use of the microwave. Please send your child with only a named water bottle for use in class. We are unable to hold any lost property at the academy following the end of each day.

Unfortunately for now there will be no star card system or reward stamps / stickers given out, as soon as this is safe for us to reinstate then we will do so.

The above-mentioned systems are to be adhered to at all times and our terms of enrolment have subsequently been updated. If you are unhappy please contact us before your dancer attends classes.

Thank You for taking the time to read through our systems of control If you see something or hear something you are not happy with then please get in contact with Miss Kerry directly either via email on info@arabesqueacademy.co.uk or via 07808790857, please unless there is an emergency ensure this is done outside of class times.